Note:

There will be no skating on Monday, April 22, 2019 Orillia Figure



Orillia Figure Skating Club Spring Session

Week 1: Monday, March 25, 2019 - Friday, March 29, 2019				
Mondays		Wednesday	s	
3:55 - 4:10 4:10 - 4:55 4:55 - 5:25 5:25 - 5:55 6:05 - 6:50 7:00 - 7:15 7:15 - 7:45 7:45 - 8:15 Tuesdays 4:00 - 4:15 4:15 - 5:00 5:00 - 5:30 5:40 - 6:10 6:10 - 6:40 6:40 - 7:10 7:20 - 7:35	CanSkate Silver Skills Silver Freeskate Silver Dance Silver Skills Silver Freeskate Silver Dance Bronze Skills Bronze Freeskate Bronze Dance Gold Skills	4:00 - 4:50 4:50 - 5:20 Thursdays 4:00 - 4:30 4:30 - 5:00 5:00 - 5:30 5:40 - 6:10 6:10 - 6:55 6:55 - 7:25 7:35 - 8:05 8:05 - 8:50 Fridays	Advanced Stroking Little Stars Bronze Skills Bronze Freeskate Star 1-SrBrDance Silver Skills Silver Freeskate JrSilver-Gold Dance Gold Skills Gold Freeskate	
7:35 - 8:20 8:20 - 8:50	Gold Freeskate Gold Dance	4:00 - 5:30	Competitive	
have one 15 m week	/Silver/Gold skaters will 15 minute group lesson a			
	essions are at Rotary versity Avenue, Orillia			



Orillia Figure Skating Club Spring Session

Weeks 2-8: Monday April 1, 2019 - Thursday, May 16, 2019

Mondays	Wednesdays	
3:55 - 4:10 Gold Skills 4:10 - 4:55 Gold Free 4:55 - 5:25 Gold Dance 5:25 - 5:55 PreCan 5:55 - 6:40 CanSkate 6:50 - 7:20 Silver Skills 7:20 - 7:55 Silver Free 7:55 - 8:25 Silver Dance	4:00 - 4:30 Bronze Skills 4:30 - 5:00 Bronze Free 5:00 - 5:30 Bronze Dance 5:30 - 6:00 PreCan 6:00 - 6:45 CanSkate 6:55 - 7:25 Little Stars 7:25 - 8:10 Advanced Stroking	
Tuesdays 4:00 - 4:30 Silver Skills 4:30 - 5:00 Silver Freeskate 5:00 - 5:30 Silver Dance 5:30 - 5:45 Bronze Skills 5:45 - 6:15 Bronze Freeskate 6:15 - 6:30 Bronze Dance 6:40 - 6:55 Gold Skills 6:55 - 7:40 Gold Freeskate 7:40 - 8:10 Gold Dance **Bronze / Silver / Gold skaters will have one 15 minute group lesson a week ** All spring sessions are at Rotary	Thursdays 4:00 - 4:30 Bronze Skills 4:30 - 5:00 Bronze Freeskate 5:00 - 5:30 Bronze Dance 5:40 - 6:10 Silver Skills 6:10 - 6:55 Silver Freeskate 6:55 - 7:25 Silver Dance 7:35 - 8:05 Gold Skills 8:05 - 8:50 Gold Freeskate 8:50 - 9:20 Gold Dance Fridays 4:00 - 5:30 Competitive	

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StarSkate Program

(Must skate a minimum of 2 days)

BRONZE STARSKATE:

Must have passed CanSkate stage 6

Tuesday - \$145.00 Wednesday - \$180.00 Thursday - \$165.00

Three Day Membership - \$490.00

SILVER STARSKATE:

Must have passed Star 5 Dances and Star 5 Skills

Monday - \$198.00 Tuesday - \$247.00 Thursday - \$259.00

Three Day Membership - \$595.00

GOLD STARSKATE:

Must have passed all of Star 5 FreeSkate, Jr Silver Dances & Jr Silver Skills.

Monday - \$216.00

Tuesday - \$247.00

Thursday - \$259.00

Three Day Membership -\$600.00

No skills/dance - \$181.00

No skills/dance - \$207.00

No skills/dance - \$219.00

No skills/dance - \$510.00

(Only upon completion of Gold Skills or Gold Dance, skaters may purchase a No Skills or No Dance membership. There are No "Freeskate" only memberships offered)

Advanced Stroking: \$95.00

This program is opened for <u>silver</u>, <u>gold</u> and <u>all competitive</u> skaters who would like to improve on their speed, endurance, and strength.

Competitive Session: \$200

This program is for skaters looking for extra ice time to enhance their training, develop their technique and show potential as a competitive skater. Skaters must have a three day membership and must be invited by Markus Leminen. Skaters also must participate in the off ice program held at Orillia Sports Medicine.

Please register at <u>www.orilliafigureskatingclub.com</u> and click on the <u>registration link</u>. No withdrawals or refunds will be granted upon start of the spring session.

- * If interested in our Ice Dreams spring competition, a deposit MUST be made for spring skating prior to registering for the competition.
- $*\frac{1}{2}$ of your spring registration fees are due by March 25th (first day of skating). The Remainder of fees are due by April 15th.

*Tag Day is mandatory for all OFSC StarSkater members. If you are unable to participate in Tag Day, a \$130 fee will be added to your account. This fee applies to OFSC members only.

Coaching Information

Head Coach

Tracey Zwiers (705) 327-2206 teamtracey@orilliapronet.com

Club Coaches

James Callan jamesfcallan@ymail.com
Erin Csumrik-Shaw (705) 259-0648 ecsumrik@rogers.com
Markus Leminen (705)728-1410 mleminen@hotmail.com
Susan Scott susanbrad@hotmail.com
Laura Csumrik lcsumrik@hotmail.com
Marisa Norris mkfsarnia@hotmail.com

Out of town coaches are welcome to attend.

NO SKATING - Monday, April 22 No Competitive - Friday, April 19

^{**}Guest skating is limited to three times @ \$20 per session